

## Contact Information Sheet

Please complete the information below and **include this page as the cover page of your proposal**. The person identified as the Contact will be the main point of contact for CDOT staff.

Organization (check one)      School District  City  County  State  Other

Project Title:              Gunnison RE1J School District Safe Routes To School

Contact Name:             Joellen Fonken

Contact Title:             Project Manager

Organization:             City of Gunnison/Gunnison Bicycle Pedestrian Advisory Council

Mailing Address:         18 Columbine Road

City, State, Zip:         Gunnison, CO 81230

Best Phone # to Call: 970.275.3516

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Contact Fax:              970.641.3101

Amount of Funding

Requested:                \$22,325

School District(s):      Gunnison Watershed School District RE1J

School Name(s)            Lake School, Gunnison Elementary, Crested Butte Community School  
& Address(es):            800 N. Boulevard; 1099 North 11th Gunnison            818 Red Lady Crested Butte, CO

CDOT Region              R1             R2             R3             R4             R5             R6

(See Addendum E)

Congressional District:    D1             D2             D3             D4             D5             D6



12.3.2013

Signature and Title of Person Submitting the Proposal\*

Date

\*By signing, applicant admits to being authorized to sign for City of Gunnison/GBPAC (name of organization) and that all the information contained herein is true and correct to the best of his/her knowledge.

**SECTION 1: What is the problem?**

a) Our schools are located in neighborhood environments. Gunnison schools are positioned on the west side of town and Crested Butte’s schools are on the southern edge of town. A bus service is provided at a 1-mile radius for Gunnison schools. **Though both communities have very active cultures and schools are located in neighborhoods, the number of children walking or bicycling to school is very low most of the school year.**

Many of our children must navigate US Highway 50 or Highway 135 to get to campus in Gunnison and Highway 135 in Crested Butte. These busy routes are of great concern to parents, educators and community leaders. These motorized routes do have some positioned crosswalks, but still create challenges due to visibility and wide crossings.

The infrastructure of sidewalks and bicycle lanes has been improved in Gunnison and offers connectivity. Crested Butte has sidewalks and bicycle lanes to school. However, there is still a perception in some families that it is not safe for children to travel to and from school by walking or bicycling. Through education and encouragement, we believe some of these concerns can be addressed and new ideas about the safety and benefits of biking and walking to school can be formed.

b) Crash Data /Traffic Counts – Gunnison Police Department reports that crashes and traffic is not a problem in the school zones.

The school zones adjacent to our schools is 15 MPH and is supported with effective school zone signals, signage and neighborhood support. Gunnison and Crested Butte have strong cold winters that can last 5-6 months a year. Harsh weather can prevent walking and bicycle riding to school.

Crested Butte lost a very young student walking to school, being hit and killed by an automobile. Gunnison had a young cyclist hit and killed by an automobile while she was riding home from summer school. She was not visible to the driver at an intersection.

School	Pop	Grades	Demographics	# Walk	# Bike	% 2- miles	Busing Distance	# Bene- fit	% f/r Lunch
Gunnison	1253	p-12	A1-12, B-11, C-938, L-280, O-12	?	?	360-500 bus daily	1-32 miles		GCS-42.12% GMS-31.65% GHS-22.8%
Crested Butte	643	k-12	AI -3, B -2 c-594, L-13, O-31	?	?	200-250 bus daily	1-12 miles		11.9%

American Indian, B- Black, C- Caucasian, L-Latino, O-Other

d) Crested Butte School has a very prudent crossing guard program on Highway 135 and into the school. This program is a direct result of a fatal accident. Both schools participate in Walk/Bike to school days, but only for one day each. Currently, there are no education programs in either school and no parent outreach about routes, safety, etc. We do have some parents that are committed to active transportation that are riding to school and want to show that riding is faster than driving (due to traffic congestion). We want to support these parents and help to grow their actions among other parents. The role models are in place, we just need to cultivate more.

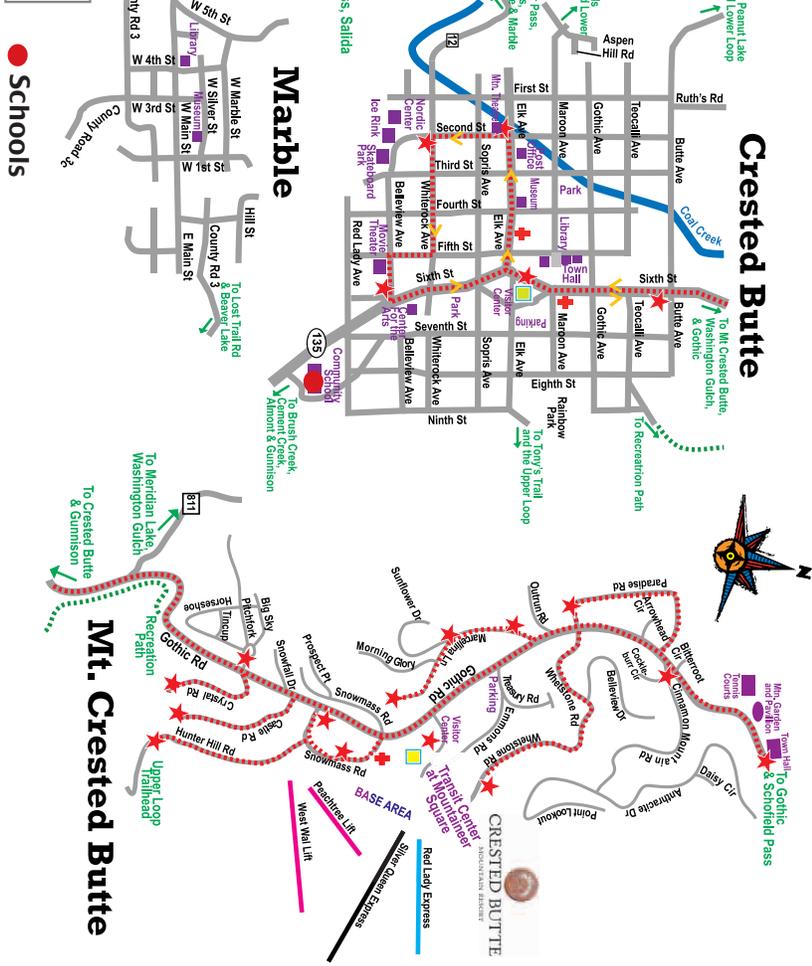
**RE1J School Wellness Policy – see Appendix 1.**

# TOWN MAPS

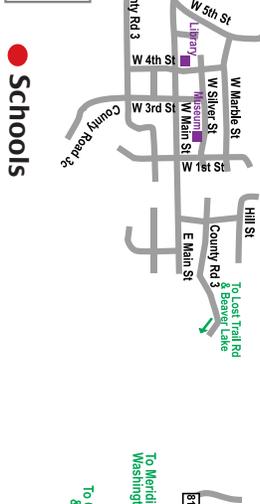
## Gunnison



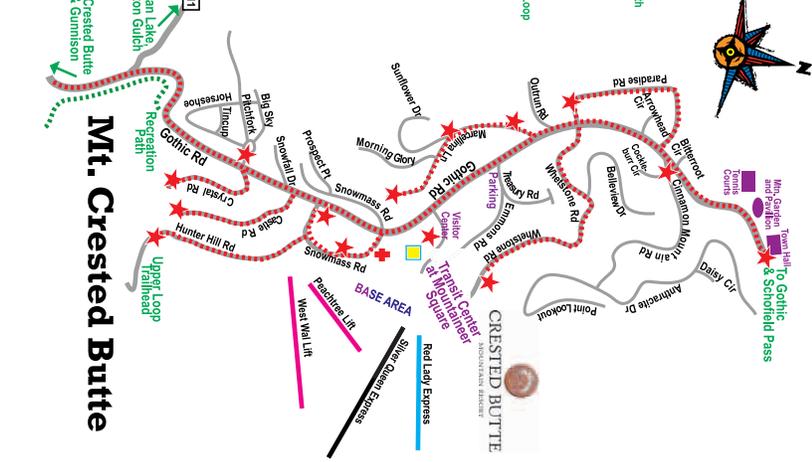
## Crested Butte



## Marble



## Mt. Crested Butte



■ Visitor Center  
★ Bus Stop  
● Schools  
— Town maps provided by The Go To Guide

## **SECTION 2: Tell us about your project.**

a) Our project is school and community based. The project would kick off in Fall 2014 beginning of the school year with parent outreach and the first round of evaluation (winter comes quickly, so all programming must be done in the spring). Preferred Safe Routes To Schools mapping will be distributed. Accessible routes will be identified.

**We have put on a Bike Rodeo for 2 years and now it's time to expand on our education and participation of bicycling and walking to school.**

### **We Love To Bike Week.**

The formal programming (Train-the-Trainer from Bicycle Colorado for local instructors) would be two-consecutive school days at both schools in the spring of 2015. At the end of the training/education program week, we will have our annual Ana's Pledge Bike Rodeo. We orchestrate a bike rodeo and then ask the participants to sign "Ana's Pledge" - see **Appendix 2**. That week we will kick off a Bicycle Buddy Program (planned during the fall and winter) to link older and younger students as Bike Buddies. The end goal is to implement a Bike Pooling Program for Gunnison and Crested Butte Schools.

RE1J Schools currently supports the Walk and Ride to School day annually, and wish to do more to encourage healthy options to and from school.

Supporting parent educational information will be shared with the parents and the invitation to the Bike Rodeo.

c) We, the Gunnison Bicycle and Pedestrian Advisory Council (GBPAC) started "Ana Pledge" Bike Rodeo 2 years ago, after a fatal accident involving a very young student and an automobile. We are dedicated to the sustainability of this education and safety program. We are an appointed council of community members and supported by City of Gunnison staff. Our commitment to this project will be monitored by the City of Gunnison City Manager. RE1J Superintendent Doug Tredway is 100% supportive of the implementation of Bicycle and Walking Education in Gunnison and Crested Butte schools. GBPAC is collecting data from the participation of Ana's Pledge annually and will work with RE1J to record the numbers of children participating in classes at both ends of the district.

d) Key partners will help facilitate education and buy in for the program through their websites, HOA newsletters, in their businesses and specifically through school newsletters and take home information to households. Bike pooling will be organized by neighborhoods.

e) Signed statement of Project manager - see **Appendix 3**.

f) All children at both schools in grades K-5 will learn pedestrian and bicycle safety education. Older students will be asked to be a mentor for the Bike Buddies program (5<sup>th</sup> graders and up)

School teachers and community members will be included in the classroom education with Bicycle Colorado at the helm. Saturday morning Bike Rodeo (following the training/education will) will pull community volunteers together for bicycle skills, helmet check, "Learn How To Ride", ...and graduation parade.

### SECTION 3: Project Timeline

GBPAC and RE1J are ready to implement this program in spring 2014. Ana’s Pledge Bike Rodeo is scheduled for spring 2014 and will occur annually with City funding allocated in 2014 budget.

August 2014: Include all community members to welcoming and cheering on the USA ProChallenge in Gunnison.

Fall 2014: RE1J will distribute information and maps identifying established Safe Routes To Schools to all students for Gunnison and Crested Butte. Data collection of bicycle commuters and walkers will start.

March 2015: Informational meetings will be held by GBPAC to the communities about the program in the schools in April. Parents and community members will be encouraged to participate in the on-site education by Bicycle Colorado and at the Bike Rodeo.

April 2015: In-class education of bicycle safety and skills Train-the-Trainer (two days in Gunnison and two days in Crested Butte). All students will be invited to participate in Ana’s Pledge Bike Rodeo. Saturday event, with students being asked to sign Ana’s Pledge.

May 2015: Data collection continues through end of school year.

Date	Milestone
August 20, 2014	<ul style="list-style-type: none"> <li>- Student participation at USA Pro Challenge</li> <li>- Stage 3 - “I ride a bike too!”</li> </ul>
Fall 2014	<ul style="list-style-type: none"> <li>- Safe Route identification and maps to parents</li> <li>- Walk/Bike to School Event</li> <li>- Conduct parent SRTS surveys and student travel tallies</li> </ul>
January 2015	<ul style="list-style-type: none"> <li>- Mid-Term Evaluation: Meeting with all partners to plan for spring and evaluate fall outreach.</li> </ul>
March 2015	<ul style="list-style-type: none"> <li>- Kick-off meeting for “Bike Season” and Bike Week is the schools</li> </ul>
April 2015	<ul style="list-style-type: none"> <li>- School education programs and Train-the-Trainers with Bicycle Colorado on site in Gunnison and Crested Butte</li> <li>- Ana’s Pledge Bike Rodeo event after the education program</li> <li>- Conduct post parent SRTS surveys and student travel tallies</li> </ul>
Summer 2016	<ul style="list-style-type: none"> <li>- Last date for project completion and final report to CDOT</li> </ul>

#### **SECTION 4: Who are your partners?**

**City of Gunnison:** Grant applicant who will oversee overall administrative and financial support for the grant. (Support letter 1).

**Gunnison Bicycle Pedestrian Advisory Council:** Will support all grant aspects including evaluation, coordinating programming/training, coordinating bike rodeo event, etc. (Support letter 2).

**Gunnison School District (RE1J):** Will support our SRTS efforts and will provide the targeted students to become our ambassadors for the future. (Support letter 3).

**Town of Crested Butte Recreation and Parks:** Striving to identify and implement safe travel for locals and visitors in and around the Town of Crested Butte. Staff will help with mapping and promotion of safe travel. (Support letter 4).

**Gunnison County Trails Commission:** Charged with the implementation of safe corridors for travel of non-vehicular travel in Gunnison County. Members of this commission will help on-site at rodeo and with data collection. (Support letter 5).

**Tomichi Cycles:** Resource supporter of Ana's Pledge Bike Rodeo. Has funded 100 helmets to date for children. (Support letter 6).

**Nancy Russell, Physical Education Teacher Gunnison K-1:** Will be facilitating trained by Bicycle Colorado on the bike/ped safety curriculum and will continue providing the education program in Gunnison schools. (Support letter 7).

**Gunnison Trails:** Trail advocacy group in Gunnison that supports cycling and will be a monetary donor of Ana's Pledge Bike Rodeo. (Support letter 8).

**Kadie Graham:** Parent of RE1J children who will help with Child Mentor - Bicycle Buddy program. (Support letter 9).

**Gunnison Country Shopper:** Local shopper paper that promotes house to house newspaper delivery by bicycle. They will support the program as an in-kind advertising sponsor. (Support letter 10).

**Bicycle Colorado:** Will provide on-site Train-the-Trainers for PE teachers and community members in Gunnison and Crested Butte. Will also help with Ana's Bike Rodeo on the following Saturday and will teach volunteers how to teach kids to ride. They will leave curriculum and parent communication templates for future use. (Support letter 11).

## **SECTION 5: How will you measure your success?**

*a) Identify your project outcomes:*

- 1) We would like to increase Gunnison Crested Butte's Bicycle and Walking to school by 20% in the first programming year.
- 2) Successfully recruit 5-8 mentors for the Bike Buddy program in the first programming year.
- 4) Reduce the number of traffic warnings to Bicyclists by the Police Department and County Sheriff for infractions (bike lights, reflectors, appropriate travel, etc.)
- 4) Gain acceptance throughout the communities that Walking and Bicycling for commuting is just as exciting and a health benefit as recreation for fun and health.
- 5) Keep our Bicycle Walking to School fatalities to two, the two that make this entire program and all programming in the future imperative.

*b) What method will you use to determine your project's effectiveness?*

In the fall and in the spring, Physical Education teachers at each school will conduct that SRTS parent surveys and student travel tallies in order to assess program impact and identify trends.

We will collect data for:

- Total number of students reached
- Percentage of students biking
- Percentage of students walking
- Percentage of students busing
- Percentage of students driven
- Percentage of students participating in Bike Rodeo (Spring question)
- Percentage of students using Bike Buddy program (Spring question)

*c) How are you going to work with your data after the project is completed?*

Data from the surveys will be analyzed and shared with the partners and public via the City of Gunnison website (<http://cityofgunnison.gov>), and school parent newsletters. GBPAC will assess the findings and set goals for future years to keep the learning programming sustainable.

*d) What type of information sharing will you do as a follow-up to your project?*

GBPAC and RE1J will determine perimeters for growth and sustainability of the programming. Ana's Pledge Bike Rodeo will be an annual measure of student bicycle safety education and understanding. All partners of the program will be contacted after the rodeo with data.

## SECTION 6: Budget Proposal

<b>Gunnison/RE1J Budget Proposal</b>				
<b>External Personnel</b>	<b>QTY</b>	<b>Per School</b>	<b>In-Kind</b>	<b>SRTS Funds Requested</b>
<p>Bicycle Colorado Program Establishment and Transfer:</p> <p>Includes education and Train-the-Trainer at both schools (two days each) with two instructors, all training materials, evaluation support, communications templates, insurance coverage and planning/coordination time.</p> <p>Learn to ride and bike rodeo training at Saturday event following trainings.</p>				\$14,400
<p>Bicycle Colorado:</p> <p>For two instructors includes travel time, fuel, lodging, per diem(lodging for 6 nights and per diem for seven days).</p>				\$2,100
<b>Internal Personnel</b>				
PE Teachers Trained and continue education	4	\$500		\$2,000
<b>Equipment and Supplies</b>				
Safety Vests	10	\$300		\$300
Bicycle and Pedestrian Education Library Books	2	\$150		\$300

<b>Promotion/Advertising</b>				
Incentive Prizes	2	\$200		\$400
Ana's Pledge Tshirts	120	\$1,200		\$1,200
Banners	2	\$100		\$200
<b>Printing/Advertising</b>	<b>3</b>	<b>\$425</b>		<b>\$425</b>
Surveys and family outreach	2	\$500		\$1,000
<b>TOTAL</b>				<b>\$22,325</b>
<b>In-Kind Contribution</b>				
Volunteer Time for Gunnison Bicycle Pedestrian Advisory Council: Rodeo; Planning; Shadowing	56	\$20		\$1,120

**SECTION 7: Previous SRTS NA**

## **SECTION 8: Subcontractors**

*a) Please list any subcontractor(s) included in this grant application.*

We wish to subcontract with Bicycle Colorado with Jenna Berman as our contact. Bicycle Colorado is very competent and leading the way in Colorado Bicycle education. We are very excited to work with them on this project.

*b) Has your subcontractor ever performed work on another project funded by a CDOT SRTS grant? If so, please have your subcontractor complete the following:*

Bicycle Colorado has been involved in numerous SRTS CDOT grants (see appendix).

*c) Briefly summarize all SRTS grant-funded projects on which you have performed work.*

From 2006 to the end of the 2013-2014 school year, Bicycle Colorado will have provided bicycle and pedestrian programs to 144 schools and directly taught more than 65,000 students for a cumulative contract amount of \$1,034,398. Key activities include teaching bicycle and pedestrian programs, training PE teachers and community advocates, establishing mobile bike fleets for ongoing education, working with schools and parents to design and implement sustainable encouragement programs and sharing expertise on best practices. Please see appendix for historical details.

*d) For all completed projects, please provide data documenting changes in number of students walking or biking to school.*

As a subcontractor (or partner with other subcontractors), Bicycle Colorado provides specific education and encouragement services. We may assist with data collection, but ultimately the grantees conduct all pre-and post-program parent surveys and student travel tallies. Those data are included in grantees final reports to CDOT. We can provide anecdotal evidence of positive trends from Jeffco, Grand Junction, Littleton and many other grantees upon request.

*e) Are SRTS programs continuing at the project school(s)?*

Because so many programs continue after the initial program, a complete list is too extensive to include here. Examples include expansion into more schools and development of annual community events (Mesa Valley County School District 51), trained PE teachers using district fleets to continue bike education (Adams 12 School District), adding bike safety education to traditional PE curriculum (Englewood Schools), ongoing Walkin' and Wheelin' Weeks (Littleton Public Schools) and annual bike safety education from the police department (Durango School District 9-R).

We work closely with wellness coordinators and school champions to provide tools and information that allow schools to continue to promote walking and biking to school after the grant funding cycle.

*f) How will the work proposed in this application be similar to your previous SRTS programs?*

Our work with this grant is similar to past work in Grand Junction where we helped to build local capacity for education and encouragement and then let the community sustain the efforts. Like Grand Junction, Gunnison and Crested Butte have all the partners and passion in place and we feel this is a wonderful opportunity to kick off SRTS efforts in both communities. They are extremely committed and will undoubtedly build on what we provide for both training and communications/outreach.

**Bicycle Colorado's Safe Routes to School Programs  
2006-2014**

School/Program	# Students	SRTS Funds
<b>2013-2014 School Year</b>		
<b>Denver</b>		
Amesse Elementary	603	\$57,678
Cole Arts and Sciences Academy	540	
College View Elementary	465	
Doull Elementary	530	
Godsman Elementary	581	
Harrington Elementary	476	
Johnson Elementary	450	
Schmitt Elementary	430	
<b>Jeffco</b>		
Blue Heron Elementary	500	\$57,000
Foothills Elementary	320	
Meiklejohn Elementary	554	
Prospect Valley Elementary	473	
Red Rocks Elementary	334	
Ryan Elementary	524	
<b>Littleton</b>		
Franklin Elementary	530	\$21,000
Hopkins Elementary	370	
PE Teacher Training		
<b>2013-2014 TOTAL STUDENTS &amp; DOLLARS</b>	<b>7,680</b>	<b>\$135,678</b>
<b>2013-2014 TOTAL SCHOOLS REACHED</b>	<b>16</b>	
<b>2012-2013 School Year</b>		
<b>Adams 12</b>		
Coronado Hills Elementary	558	\$34,400
Coyote Ridge Elementary	527	
Glacier Peak Elementary	529	
Westview Elementary	450	
<b>Adams 50</b>		
Harris Park Elementary	407	\$13,900
Westminster Elementary	285	
<b>Aurora</b>		
Arkansas Elementary (1 day event)	608	\$3,200
Clyde Miller K-8 (1 day event)	450	
<b>Basalt/Carbondale</b>		
Crystal River Elementary (Included train-the-trainer and consulting for future programs)	510	\$14,500
<b>Douglas County</b>		
Castle Rock Elementary	495	\$30,300
Fox Creek Elementary	604	
Sedalia Elementary	340	
South Ridge Elementary	552	
<b>Durango</b>		
Animas Valley Elementary (Included train-the-trainer and consulting for future programs)	265	\$14,500
<b>Grand Junction</b>		
Two train-the-trainers		\$4,000
<b>Jeffco</b>		
Free Horizon Montessori	425	\$36,500
Maple Grove Elementary	402	
Mortensen Elementary	410	
Sierra Elementary	572	
Slater Elementary	292	
<b>Lakewood</b>		
Eiber Elementary	427	\$28,800
Jeffco Open School	209	
Molholm Elementary	482	

School/Program	# Students	SRTS Funds
<b>2010-2011 School Year</b>		
<b>Adams 12 School District</b>		
Cotton Creek Elementary	620	\$35,000
Federal Heights	715	
Hillcrest Elementary	455	
Stellar Elementary	640	
Tarver Elementary	510	
<b>Adams 14 School District/Commerce City</b>		
Dupont Elementary	585	\$26,750
Monaco Elementary	495	
Rose Hill Elementary	435	
<b>Broomfield</b>		
Birch Elementary	435	\$20,750
Emerald Elementary	390	
<b>Denver</b>		
Asbury Elementary	305	\$27,160
Colfax Elementary	390	
Kunsmiller Elementary/Middle	630	
Brown International Academy	494	
Smiley Middle School	20	
<b>Fort Collins</b>		
Blevins Middle School	20	\$31,500
Riffenburgh Elementary	353	
Olander Elementary	401	
Shepardson Elementary	373	
Zach Elementary	607	
<b>Jeffco Public Schools</b>		
Kendallvue Elementary	490	\$29,000
Peiffer Elementary	415	
Westridge Elementary	500	
<b>2010-2011 TOTAL STUDENTS &amp; DOLLARS</b>	<b>10,278</b>	<b>\$170,160</b>
<b>2010-2011 TOTAL SCHOOLS REACHED</b>	<b>23</b>	
<b>2009-2010 School Year</b>		
<b>Adams 12 School District</b>		
Centennial Elementary	570	\$23,400
Hunters Glen Elementary	725	
Leroy Drive Elementary	425	
McElwain Elementary	450	\$7,150
Stukey Elementary	465	
<b>Calhan</b>		
Calhan Elementary/Middle	365	
<b>Denver Health</b>		
Beach Court Elementary	355	\$21,450
Columbine Elementary	300	
Montclair Elementary	420	
Teller Elementary	400	
University Park Elementary	450	
Lake Middle School	292	
<b>Fort Collins</b>		
Bennett Elementary	460	\$27,500
Dunn Elementary	440	
Leshar Middle School	625	
McGraw Elementary	515	
Tavelli Elementary	610	
<b>2009-2010 TOTAL STUDENTS &amp; DOLLARS</b>	<b>7,867</b>	<b>\$79,500</b>
<b>2009-2010 TOTAL SCHOOLS REACHED</b>	<b>19</b>	

**Bicycle Colorado's Safe Routes to School Programs  
2006-2014**

St. Bernadette Elementary	250	
<b>Larimer</b>		
Berthoud Elementary	379	\$43,500
Cache La Poudre Elementary	335	
Eyestone Elementary	470	
Ivy Stockwell Elementary	318	
Rice Elementary	370	
Wellington Middle School	383	
<b>Littleton School District</b>		
Centennial	523	Included in 2011/2012 budget
Highland	413	
Sandburg	509	
East Elementary	274	\$29,300
Euclid Middle School	731	
Moody Elementary	414	
Twain Elementary	343	
<b>2012-2013 TOTAL STUDENTS &amp; DOLLARS</b>	<b>15,511</b>	<b>\$252,900</b>
<b>2012-2013 TOTAL SCHOOLS REACHED</b>	<b>36</b>	
<b>2011-2012 School Year</b>		
<b>Adams 14 School District</b>		
Adams City Middle School	725	\$19,440
Kearney Middle School	539	
Kemp Elementary	483	
<b>Cherry Creek School District</b>		
Eastridge	788	\$27,840
Holly Hills/Holly Ridge	586	
Polton Elementary	430	
Belleview Elementary	572	
<b>Englewood School District</b>		
Charles Hay Elementary	320	\$21,440
Clayton Elementary	465	
Cherrelyn Elementary	240	
Bishop Elementary	250	
<b>Fort Collins</b>		
Laurel Elementary	412	\$16,800
Linton Elementary	439	
Bacon Elementary	519	
<b>Grand Junction</b>		
Tope Elementary	390	\$16,060
<b>Adams 12 School District</b>		
Mountain View Elementary	675	\$32,000
Skyview Elementary	522	
North Star Elementary	469	
Thornton Elementary	447	
<b>Littleton School District</b>		
Runyon Elementary (Spr 12)	440	\$34,160
Peabody Elementary (Spr 12)	410	
<b>Jeffco School District</b>		
Bradford Elementary	843	\$43,920
Columbine Hills Elementary	317	
Fitzmorris Elementary	228	
Kullerstrand	272	
Rooney Ranch Elementary	425	
Van Arsdale Elementary	541	
<b>Denver</b>		
Ashley Elementary	345	
<b>2011-2012 TOTAL STUDENTS &amp; DOLLARS</b>	<b>13,092</b>	<b>\$211,660</b>
<b>2011-2012 TOTAL SCHOOLS REACHED</b>	<b>28</b>	

<b>2008-2009 School Year</b>		
<b>Golden</b>		
Bell Middle School	540	\$16,000
Mitchell Elementary	540	
Shelton Elementary	430	
<b>Centennial</b>		
Greenwood Elementary	420	\$18,000
Heritage Elementary	300	
Homestead Elementary	530	
Walnut Hills Elementary	430	
Willow Creek Elementary	535	
<b>Denver Health</b>		
Cheltenham Elementary	530	\$16,000
Gust Elementary	640	
Newlon Elementary	520	
Fairview Elementary	300	
Steele Elementary	420	
<b>2008-2009 TOTAL STUDENTS &amp; DOLLARS</b>	<b>6,135</b>	<b>\$50,000</b>
<b>2008-2009 TOTAL SCHOOLS REACHED</b>	<b>13</b>	
<b>2007-2008 School Year</b>		
<b>Denver Health</b>		
Lowry Elementary	405	\$10,800
Gilpin Elementary	300	
Stedman Elementary	250	
Valdez Elementary	400	
<b>Statewide Teacher Training</b>		
Durango	Teachers	\$68,700
Buena Vista	Teachers	
Steamboat Springs	Teachers	
La Junta	Teachers	
<b>Fort Collins</b>		
Bacon Elementary	470	\$20,000
Beattie Elementary	410	
Laurel Elementary	310	
Lopez Elementary	465	
Werner Elementary	460	
<b>2007-2008 TOTAL STUDENTS &amp; DOLLARS</b>	<b>3,470</b>	<b>\$99,500</b>
<b>2007-2008 TOTAL SCHOOLS REACHED</b>	<b>9</b>	
<b>2006-2007 School Year</b>		
<b>Aurora</b>		
Aurora Frontier (K-8)	300	\$15,000
<b>Evergreen-Jeffco</b>		
Bergen Meadow Elementary	300	\$20,000
Bergen Valley Elementary	310	
Evergreen Middle School	680	
<b>2006-2007 TOTAL STUDENTS &amp; DOLLARS</b>	<b>1,590</b>	<b>\$35,000</b>
<b>2006-2007 TOTAL SCHOOLS REACHED</b>	<b>4</b>	
<b>TOTALS</b>	<b>65,623</b>	<b>\$1,034,398</b>
<b>TOTAL SCHOOLS</b>	<b>144</b>	

<b>TOTAL SCHOOLS 2006-2014</b>	<b>144</b>
<b>TOTAL STUDENTS 2006-2014</b>	<b>65,623</b>
<b>TOTAL SRTS DOLLARS 2006-2014</b>	<b>\$1,034,398</b>

## **School Wellness Policy**

Pursuant to federal law, a wellness committee representing members of the school board, parents, teachers, director of food services, school nurse, and community members, has been formed and jointly developed this wellness policy.

To further the School Board's beliefs stated above, the following goals will be adopted:

### **Goal #1. Students will have the opportunity to participate in a variety of learning experiences that support development of healthy eating habits.**

The entire school environment shall be aligned with healthy school goals to positively influence a student's understanding, beliefs, and habits, as they relate to good nutrition. This learning environment will teach students to use appropriate resources and tools to make informed and educated decisions about lifelong healthy eating habits.

#### **The goal of providing this opportunity shall be accomplished by the following objectives:**

- *The provision of age-appropriate and culturally sensitive instruction to teach lifelong healthy eating habits.*
- *Encourage healthy eating habits of students, parents, school staff, and community members at school functions.*
- *Encourage staff to integrate nutrition education into core curriculum areas.*
- *Provide staff with health education professional development opportunities.*

### **Goal #2. The District shall promote consumption of healthy foods and beverages on school campuses and at school events.**

All schools participating in the School Breakfast and/or National Lunch Program shall comply with all state and federal rules or regulations regarding competitive food service, nutrition standards, and the service of Foods of Minimal Nutritional Value, as defined by the USDA.

#### **The goal of supporting and promoting consumption of healthy foods and beverages will be accomplished by the following objectives:**

- *Encourage access to fresh fruits and vegetables for all students participating in our breakfast and lunch program.*
- *Require that all students have access to healthful food choices in appropriate portion sizes in the school cafeteria and throughout the school day.*
- *Provide an adequate amount of time to eat meals at school.*
- *Healthy choices are available in all vending machines throughout the district.*
- *Prohibit or restrict student access to vending machines at sites where a national school lunch program is provided.*
- *Encourage staff to be selective in their choices for food used in rewarding students.*
- *Encourage healthy food options at school functions.*
- *Encourage recess before lunch.*
- *Require that all students have access to sufficient water.*

**Goal #3. The District will provide opportunities for physical activities to help students develop the knowledge, attitudes, skills, and behaviors needed to adopt, maintain, and enjoy a physically active lifestyle.**

A quality physical education program is one of the essential components in which students learn about and participate in physical activity. Students will have the opportunity to participate in moderate to vigorous physical activity on a regularly scheduled basis, in the context of standards based physical education, co-curricular activities, and recess.

**The goal of providing opportunities for students to engage in physical activity shall be accomplished by the following objectives:**

- *Encourage that all students have daily access to physical activity.*
- *The National Association of Sport and Physical Education recommendation is for 150 minutes of physical activity per week for elementary students, and 225 minutes per week for secondary students. We will strive towards increasing the opportunity for student's to have recommended physical activity.*
- *Provide opportunities for physical activity through a range of after-school programs.*
- *Provide opportunities for physical activity during the school day through daily recess periods, elective physical education classes, walking programs, and the integration of physical activity into the academic curriculum.*
- *Encourage lifestyle activities in physical education classes to insure that students meet district standards.*
- *Encourage secondary schools to integrate health-related fitness assessment as a self-evaluation tool.*
- *Promote walking or bicycling to and from school.*

- *Encourage staff to model physical activity to emphasize the value of lifelong fitness.*
- *Hire licensed physical education teachers or require non-licensed staff to obtain proper certification.*

***Evaluation and Assessment:***

The Wellness Policy Committee will be responsible for over seeing, implementing, monitoring, evaluating, and reporting to all parties on the status of the wellness policy. A rubric designed by the committee will be used for evaluation.

Adopted:            June 12, 2006  
Revised:            November 17, 2008

## **School Wellness Policy**

The School Board promotes healthy schools by supporting student wellness, good nutrition, and regular physical activity, as part of the total learning environment. Schools contribute to the basic health status of students by facilitating learning through the support and promotion of good nutrition and physical activity. Improved health optimizes student performance potential, as healthy children who eat well-balanced meals are more likely to learn in the classroom.

The District will establish and maintain a district-wide School Health Advisory Board. The purpose of the board shall be to monitor the implementation of this policy, evaluate the progress on policy goals, serve as a resource to schools, and recommend revisions to this policy, as this advisory board deems necessary.

Adopted: June 12, 2006  
Revised: November 17, 2008  
April 2, 2012

LEGAL REFS.: Section 204 of P.L. 108-265 (Child Nutrition and WIC Reauthorization Act of 2004)

C.R.S. 22-32-124 (*nutritious choices in vending machines*)

C.R.S. 22-32-136 (*policies to improve children's nutrition and wellness*)

CROSS REFS.: EF, Food Services

EFC and EFC-R, Free and Reduced-Price Food Services

EFEA\*, Nutritious Food Choices

EFEA\*-E, Guidelines for Nutritious Choices in Vending Machines

IA, Instructional Goals and Learning Objectives

IHAЕ, Physical Education

IHAM and IHAM-R, Health Education

IHAMA, Teaching About Drugs, Alcohol and Tobacco

IHAMB and IHAMB-R, Family Life/Sex Education



# ANA'S PLEDGE

In memory and honor of Ana Mendez,  
I pledge to set a good example for Gunnison's  
youth, and to increase bicycle riding safety  
awareness by doing the following:

- always ride on the right side of the street and never ride against traffic;
- wear a bicycle helmet whenever I am riding my bicycle;
- obey all required traffic laws;
- stop at stop signs and red traffic lights;
- ride my bicycle properly in marked bike lanes wherever present;
- never use a cell phone or text while riding; and
- to set a good example for younger bicycle riders.

Pledged by: \_\_\_\_\_

This Pledge and Certificate of Completion is presented and awarded by:

*Ken Coleman*

Ken Coleman, City Manager

# Ana's Pledge Bike Rodeo



**Project Manager Statement**

The Gunnison Bicycle Pedestrian Advisory Council is comprised of community members that recommend and oversee bicycle and pedestrian matters in the Gunnison area.

I, Joellen Fonken, vice-chair of the GBPAC will oversee the Safe Routes To School grant when awarded to the City of Gunnison/REIJ School District.

I am excited and passionate about the education and safety of bicycling for youth, and wish people cycle for their entire life.

Sign, Joellen Fonken

A handwritten signature in cursive script that reads "Joellen Fonken".

18 Columbine Road, Gunnison, CO 81230 970.275.3516  
sageproduction@me.com



## *City of Gunnison*

Safe Routes to School  
Colorado Department of Transportation, DTD  
4201 East Arkansas Avenue, Shumate Building  
Denver, Colorado 80222

December 3, 2013

Dear Grant Review Committee Members,

Please accept this letter of my unwavering support for the Gunnison Bicycle and Pedestrian Advisory Committee's (GBPAC) grant application. As a League of American Bicyclist Silver Level Bicycle Friendly Community, we fully embrace the importance of Bicycle Safety in our community. Education is the foundation of creating a safe environment for all citizens whether they travel on foot, by bicycle or motorized vehicles. Understanding our responsibilities and respecting each other's mode of transportation lays the groundwork for safety awareness.

Focusing on our youngest citizen's in promoting safe and healthy choices is where the stage is set for lifelong enjoyment of outdoor activities. It is the intent of the GBPAC to continually provide opportunities to interact with our youth at an educational and fun level. Two years ago we lost an eight year old girl who rode into oncoming traffic. We made a commitment then that we would do everything in our power to provide young riders with the knowledge needed to stay safe. The City of Gunnison has hosted two bicycle safety events since then with strong participation from grade school age children.

It is time to take this type of training to another level and I encourage your support of the GBPAC application. The work you have done over the years is admirable and certainly worth the investments made. Thank you for this long history of good work.

Sincerely,

Ken Coleman  
Gunnison City Manager

Write letter to:

Safe Routes to School  
Colorado Department of Transportation, DTD  
4201 East Arkansas Avenue, Shumate Bldg  
Denver, CO 80222

Gunnison's Bicycle Pedestrian Advisory Council is applying for a Safe Routes to School Non-Infrastructure Grant to develop bicycle education in the Gunnison and Crested Butte schools.

The students at our schools will benefit a great deal from the exposure to bicycle safety and the importance of using alternative modes of transportation to get to school. Many students live within walking and biking distance to school and are still riding the bus or getting driven to school. Education and facilitation of added safety in our students commuting corridors should enhance non-vehicular transportation.

Getting kids familiar with bike safety and the importance of being physically active will promote cycling as a whole and be another great benefit to our community.

Strong partners are essential for a program to be successful. I am currently the chair of the local Bicycle and Pedestrian Advisory Committee, as well as the former Superintendent of Schools for the Gunnison School District. In these roles I have helped bring together what has been called Anna's pledge, a bicycle rodeo and safety session that came about because of the death of one of our elementary students as she was riding home from a summer school class. What we learned from that was that our community needed to do a better job of educating our children on the nuances of bike safety and also bike visibility to motorists. Thus the idea of Anna's pledge arose and we have now done this two times, each on a Saturday and thus it is a program that requires parents to devote a morning of time to bring their children to the event. If we are successful in receiving this grant then we would be able to move that education into the classroom and thus reach all of the children in the lower elementary grades and greatly reduce the risk factors as students ride their bikes to and from school, as well as commute around our two communities. This would be a huge benefit for the communities. In Crested Butte there is a safe route already in place that the Town of Crested Butte received grant funding for and this has been a tremendous help, and in Gunnison we have created bike lanes on all of our streets affording everyone a good route to ride on and our students utilize these everyday. What is lacking is the education component and thus the grant application you are receiving. We have an abundance of volunteers, teachers and parents that will give of their time to ensure that this educational component is delivered effectively.

Sincerely,

Jon Nelson  
BPAC Chair  
8 Floresta  
Gunnison, CO 81230  
970-209-5279  
bigmig44@hotmail.com



November 20, 2013

Safe Routes to School  
Colorado Department of Transportation, DTD  
4201 East Arkansas Avenue, Shumate Bldg  
Denver, CO 80222

To Whom It May Concern:

I am writing this letter to express my support for the Gunnison Bicycle Pedestrian Advisory Council's grant request for a Safe Routes to School Non-Infrastructure Grant. This grant would be used to develop bicycle education in the Gunnison and Crested Butte schools.

The School District students are using bicycles to commute to and from school on a more frequent basis every year and I believe our younger students would benefit from exposure to an imbedded bicycle safety program. We have a yearly walk or ride to school day and encourage students that live within walking and biking distance not get transported to school. We have programs in place to stress the importance of riding bicycles for exercise and I believe an imbedded bicycle safety component would be an excellent addition to the overall program.

In Gunnison Valley, several agencies have partnered to build bike trails and lanes to create safe passages to and from school for students and employees. They have also come together to create in some bicycle safety programs. I believe that this grant would allow the Gunnison and Crested Butte School communities to enrich the existing bicycle safety programs and that our students would benefit.

Sincerely,

A handwritten signature in black ink that reads 'Doug Tredway'. The signature is written in a cursive, slightly slanted style.

Doug Tredway  
Superintendent  
Gunnison RE1J School District

# Town of Crested Butte

P.O. Box 39 Crested Butte, Colorado 81224

*-National Trust for Historic Preservation's 2008 Dozen Distinctive Destinations Award Recipient-*

*-A National Historic District-*

Phone: (970) 349-5338  
FAX: (970) 349-6626  
www.townofcrestedbutte.com

11/25/13

Safe Routes to School  
Colorado Department of Transportation, DTD  
4201 East Arkansas Avenue, Shumate Bldg  
Denver, CO 80222

Dear Colorado Department of Transportation,

Please accept this letter of support from the Town of Crested Butte's Parks and Recreation Department for the Gunnison Bicycle Pedestrian Advisory Council's Safe Routes to School grant application. Crested Butte was recently designated a Bicycle Friendly Community by the League of American Bicyclists at the Gold level. With the proliferation and popularity of bicycle use in our community, we need to continue with bicycle education funded through this grant.

Crested Butte, along with Gunnison County strives to increase our children's safety and health through the promotion of non-motorized transportation facilities and education. With assistance from the Safe Routes to School Program, we recently constructed a sidewalk that spans the entire east end of Town from the northern boundary to the Crested Butte Community School at its southern end. This path is maintained for year round use and provides an amazing transportation alternative for the kids and families that live close enough to use it as a route to school.

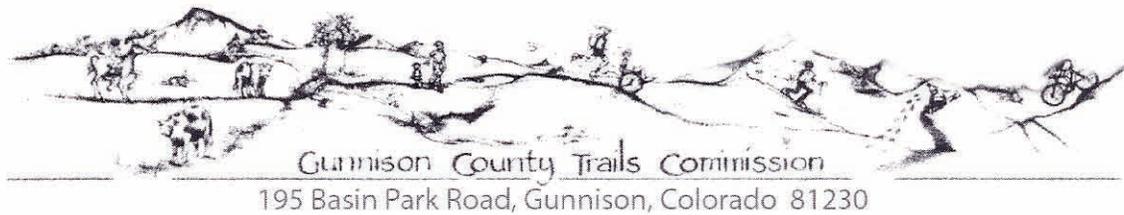
We have many more families who live in sections of Town that are not accessible from the path and must use the surface streets and cross Highway 135 to get to school. For those families, education is critical to the safety of their children. Our community lost one beautiful child while crossing Highway 135 several years ago and we never want to experience a tragedy like that again.

The Town currently hosts bicycle rodeos and bike/walk to school days and we want to do more. Please help us achieve this goal throughout the Gunnison Valley by funding this important project.

Sincerely,



Jake Jones  
Director of Parks, Recreation, Open Space and Trails  
970-349-5338



11/20/2013

Safe Routes to School  
Colorado Department of Transportation, DTD  
4201 East Arkansas Avenue, Shumate Bldg  
Denver, CO 80222

Safe Routes to School Grant Letter of Support

To Whom it may concern,

I am writing on behalf of the Gunnison County Trail's Commission (GCTC). The Trails Commission was established in 1996 to aid the County's Planning Department and Board of County Commissioners with trail related issues. The Gunnison County Trails Commission advises the City of Gunnison, as well as the BLM, USFS and CPAW regarding trails in the Gunnison Valley.

Gunnison's Bicycle Pedestrian Advisory Council is applying for a Safe Routes to School Non-Infrastructure Grant to develop bicycle education in the Gunnison and Crested Butte schools. One of the tenets of our mission is the education of trail users. We have been involved in education programs that make our trail systems safer and more sustainable. The City of Gunnison and the Town of Crested Butte have had our full support in creating a bicycle friendly environment. The future of safe travel in Gunnison County is linked to educating the youth of Gunnison and Crested Butte about their role in keeping our multi-use commuting corridors safe.

Gunnison and Crested Butte are unique in their ease of use for commuting corridors and although many students live close to the schools they attend, the majority ride the bus or are dropped off by parents. Educating them about the use of our existing bike lane system and the safe use of our commuting corridors is an important part of increasing the use of alternative modes of transportation.

Educating our children about the importance of being physically active and the necessity of utilizing bike safety will promote cycling as a whole, and benefit our communities immensely.

Strong partners are essential for a program to be successful. We, Gunnison County Trails Commission, pledge our full support for this continuation of the goals of Safe Routes to School in the City of Gunnison and Town of Crested Butte. We will

support this project through volunteering and using our influence to continue the mission of promoting the safe multi-modal use of our commuting corridors.

Sincerely,

A handwritten signature in black ink, appearing to read "M Schmidt". The signature is fluid and cursive, with the first name "M" being particularly large and stylized.

Martin Schmidt  
Vice-Chair  
Gunnison County Trails Commission  
195 Basin Park Drive  
Gunnison, Colorado 81230

November 21, 2013

Safe Routes to School  
Colorado Department of Transportation, DTD  
4201 East Arkansas Avenue, Shumate Bldg  
Denver, CO 80222

Gunnison's Bicycle Pedestrian Advisory Council is applying for a Safe Routes to School Non-Infrastructure Grant to develop bicycle education in the Gunnison and Crested Butte schools.

We, Tomichi Cycles, Inc, have supported this cause in the past by donating over 100 new helmets to the annual Ana's Pledge event which highlights bicycle safety for children. This event was started to help educate kids about bicycle safety in a fun venue. We feel that it is not enough though. A program through the school would reach more kids and hopefully teach them to safely ride to and from school. As a business owner and parents of school aged children who commute by bicycle to and from school every day, we would like to see more education available for kids and parents. Let's help keep them safe and healthy.

Thank you for your consideration of this grant application,

Bill O'Rourke and Susan Teal  
Tomichi Cycles, Inc.  
104 N. Main St.  
Gunnison, Co 81230  
970-641-9069  
tomichicycles@gunnison.com

**Safe Routes to School  
Colorado Department of Transportation, DTD  
4201 East Arkansas Avenue, Shumate Bldg  
Denver, CO 80222**

**Lake School Kindergarten and Preschool students (and parents) will benefit a great deal from the exposure to bicycle safety and the importance of using alternative modes of transportation to get to school.**

**Many students live within walking and biking distance to school and are still riding the bus or getting driven to school. Education and facilitation of added safety in our students commuting corridors should enhance non-vehicular transportation.**

**Getting kids familiar with bike safety and the importance of being physically active will promote cycling as a whole and be another great benefit to our community.**

**Strong partners are essential for a program to be successful. The students, parents and teachers of Lake School believe in the importance of strong programs that promote healthy lifestyles. Bicycle safety classes (Ana's Pledge) for the community have been held on Saturdays at Lake School. We would like to further promote bicycle and pedestrian safety by participating in this program as part of our physical education curriculum during the school year.**

**Sincerely,  
Nancy Russell  
nrussell@gunnisonschools.net  
Kindergarten PE/Music teacher  
Lake School**



Gunnison Trails, Inc.  
PO Box 105  
Gunnison, CO 81230  
(970) 275-0485  
[www.gunnisontrails.com](http://www.gunnisontrails.com)

Bicycle Colorado  
Safe Routes to School Program  
1525 Market Street Suite 100  
Denver, CO 80202

November 30, 2013

Dear Safe Routes Committee,

I am writing this letter to support the City of Gunnison Bicycle and Pedestrian Advisory Council's request for a Bicycle Colorado Safe Routes to School grant. Gunnison Trails has been a financial supporter (\$400); offered staff support; and leveraged our robust database for promoting participation and recruiting volunteers for an annual bicycle safety event for kids called Ana's Pledge.

While Gunnison Trails is focused on outlying trail opportunities, we have also been instrumental in helping establish key connectors that *are* safe routes to schools. One example is a short section of 6' wide, gravel surfaced trail that allows a much safer connection to our K-8 school than was previously available. Gunnison Trails pointed it out, and the City of Gunnison quickly made it happen.

This also emphasizes the priority that the City of Gunnison puts on high-quality and safe, bicycle and pedestrian routes and opportunities all around Gunnison. Under the leadership of City Manager, Ken Coleman, Gunnison has aggressively pursued making our town much friendlier to bicycles and pedestrians.

However, even with all of this progress, there is still much work to be done, especially with safe routes to our schools. Please consider funding this grant application. Thanks for your time.

Sincerely,

Dave Wiens  
Executive Director

Safe Routes to School  
Colorado Department of Transportation, DTD  
4201 East Arkansas Avenue, Shumate Bldg  
Denver, CO 80222

To who it may concern:

Gunnison's Bicycle Pedestrian Advisory Council is applying for a Safe Routes to School Non-Infrastructure Grant to develop bicycle education in the Gunnison and Crested Butte schools. This is an incredible opportunity for my community that I would hate to see fall by the wayside.

Getting kids familiar with bike safety and the importance of being physically active will promote cycling as a whole and be another great benefit to our community. Bicycling is also a valuable tool for learning about money (\$20 in tires for a year or more; \$20 in gas for a week. Or rather \$20 for a new Lego set if we ride our bikes!), and about protecting the environment by reducing our carbon footprint with less gas & oil.

As a biking family I feel that we can be an example of what can be done by a family on bikes. I hope that my kids on bikes encourage more kids on bikes, who then encourage their parents to get on a bike, too. My oldest will scold me if I get lazy and try to drive to school. I think that all kids should do that! Just this morning I was asked "Mom, when are we going to ride bikes to school again? The car is so boring."

I have recently read about a school district in Minnesota that has implemented bicycling into its regular curriculum. They even had the class photo taken during winter, in the snow. I thought that if Minnesota can do it, then surely Gunnison as well. I think that this short program can maybe help to implement a long-standing biking curriculum.

Thank you for your consideration for bringing this program to Gunnison.

Kadie Graham  
970-596-2216

# The Gunnison Country **shopper**

November 22, 2013

Safe Routes to School  
Colorado Department of Transportation, DTD  
4201 East Arkansas Avenue, Shumate Bldg  
Denver, CO 80222

Dear Grant selection committee,

We are a small weekly newspaper that delivers to Gunnison County. Within the city limits of Gunnison we employ 10-12 young people that deliver our paper via bicycle, "paperboy carrier bag" and all.

We encourage our young employees to demonstrate safe rules of the road and set an example while delivering. Most of our carriers are in the Gunnison School District. Adding a formal bicycle education and safety program in the schools would be greatly supported and it needed in our community.

The Gunnison Country is such an active area, but sometimes our young generation forgets how easy it is to get on a bike and peddle across town for an errand. Our society embraces firing up a motor for just about anything these days.

We want to continue to employ carriers that ride bicycles - call us old fashioned, we like to think of ourselves as encouraging health, quality of life and a good old community partner.

Gary Rogers, Publisher  
Gunnison Country Shopper

November 30, 2013

Leslie Feuerborn  
Colorado Safe Routes to School Program Manager  
Colorado Department of Transportation  
4201 East Arkansas Ave., Shumate Bldg.  
Denver, CO 80222

Dear Leslie,

We are especially enthused to write this letter of support for Gunnison's 2014 Safe Routes to School (SRTS) grant application. Smaller communities on Colorado's Western Slope are increasingly mobilizing around SRTS grants, and we have seen great success in similar communities such as Grand Junction. Gunnison has assembled a strong group of partners. They have some beginning efforts to build on, and we believe that a Train-the-Trainer in both Gunnison and Crested Butte will strongly establish sustainable programming.

Like many rural communities, both of these towns have highways that kids must learn to navigate safely if biking and walking to school. Parents have valid concerns about the safety of these roads, both towns have strong biking infrastructure and an active culture poised to support active transportation. If parents learn more about safe routes and safe strategies such as walking and biking groups, and students learn more skills for safely biking and walking, we believe that minds and behaviors will begin to change.

In addition to providing training for PE teachers and community members, we plan to help both communities to build upon their annual rodeo events and establish their Bike Buddies programs as part of their SRTS projects. The annual rodeo events and Bike Buddies programs will provide ongoing encouragement in partnership with annual education programming. The Gunnison Bicycle Pedestrian Advisory Council understands that having parent buy-in is essential to success. It has already engaged several champion parents and hope to lift up and build upon their current efforts.

Again, we are excited to be part of this first grant for Gunnison. Thanks for your consideration.

Sincerely,



Jenna Berman  
Education Director  
Bicycle Colorado