Walkability Checklist

How walkable is your community?

Take a walk with a child and decide for yourselves.

Everyone benefits from walking. But walking needs to be safe and easy. Take a walk with your child and use this checklist to decide if your neighborhood is a friendly place to walk. Take heart if you find problems, there are ways you can make things better.

Getting started:

First, you'll need to pick a place to walk, like the route to school, a friend's house or just somewhere fun to go.

The second step involves the checklist. Read over the checklist before you go, and as you walk, note the locations of things you would like to change. At the end of your walk, give each question a rating. Then add up the numbers to see how you rated your walk overall.

After you've rated your walk and identified any problem areas, the next step is to figure out what you can do to improve your community's score. You'll find both immediate answers and long-term solutions under "Improving Your Community's Score..." on the third page.
Take a walk and use this checklist to rate your neighborhood's walkability.

How walkable is your community?

Location of walk __________________________

Rating Scale: 1 2 3 4 5 6
awful many problems some problems good very good excellent

1. Did you have room to walk?
   □ Yes   □ Some problems:
   □ Sidewalks or paths started and stopped
   □ Sidewalks were broken or cracked
   □ Sidewalks were blocked with poles, signs, shrubbery, dumpsters, etc.
   □ No sidewalks, paths, or shoulders
   □ Too much traffic
   □ Something else __________________________
   Locations of problems: _______________
   Rating: (circle one) __________________________
   1 2 3 4 5 6 __________________________

2. Was it easy to cross streets?
   □ Yes   □ Some problems:
   □ Road was too wide
   □ Traffic signals made us wait too long or did not give us enough time to cross
   □ Needed striped crosswalks or traffic signals
   □ Parked cars blocked our view of traffic
   □ Trees or plants blocked our view of traffic
   □ Needed curb ramps or ramps needed repair
   □ Something else __________________________
   Locations of problems: _______________
   Rating: (circle one) __________________________
   1 2 3 4 5 6 __________________________

3. Did drivers behave well?
   □ Yes   □ Some problems: Drivers...
   □ Backed out of driveways without looking
   □ Did not yield to people crossing the street
   □ Turned into people crossing the street
   □ Drove too fast
   □ Sped up to make it through traffic lights or drove through traffic lights?
   □ Something else __________________________
   Locations of problems: _______________
   Rating: (circle one) __________________________
   1 2 3 4 5 6 __________________________

4. Was it easy to follow safety rules?
   Could you and your child...
   □ Yes   □ No   Cross at crosswalks or where you could see and be seen by drivers?
   □ Yes   □ No   Stop and look left, right and then left again before crossing streets?
   □ Yes   □ No   Walk on sidewalks or shoulders facing traffic where there were no sidewalks?
   □ Yes   □ No   Cross with the light?
   □ Yes   □ No   Locations of problems: _______________
   Rating: (circle one) __________________________
   1 2 3 4 5 6 __________________________

5. Was your walk pleasant?
   □ Yes   □ Some unpleasant things:
   □ Needed more grass, flowers, or trees
   □ Scary dogs
   □ Scary people
   □ Not well lighted
   □ Dirty, lots of litter or trash
   □ Something else __________________________
   Locations of problems: _______________
   Rating: (circle one) __________________________
   1 2 3 4 5 6 __________________________

How does your neighborhood stack up?
Add up your ratings and decide.

1. _____ 26–30 Celebrate! You have a great neighborhood for walking.
2. _____ 21–25 Celebrate a little. Your neighborhood is pretty good.
3. _____ 16–20 Okay, but it needs work.
4. _____ 11–15 It needs lots of work. You deserve better than that.
5. _____ 5–10 Call out the National Guard before you walk. It's a disaster area.

Total _____

Now that you’ve identified the problems, go to the next page to find out how to fix them.
### Improving your community's score...

#### 1. Did you have room to walk?

- Sidewalks or paths started and stopped
- Sidewalks broken or cracked
- Sidewalks blocked
- No sidewalks, paths or shoulders
- Too much traffic

**What you and your child can do immediately**
- Pick another route for now
- Tell local traffic engineering or public works department about specific problems and provide a copy of the checklist

**What you and your community can do with more time**
- Speak up at board meetings
- Write or petition city for walkways and gather neighborhood signatures
- Make media aware of problem
- Work with a local transportation engineer to develop a plan for a safe walking route

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#### 2. Was it easy to cross streets?

- Road too wide
- Traffic signals made us wait too long or did not give us enough time to cross
- Crosswalks/traffic signals needed
- View of traffic blocked by parked cars, trees, or plants
- Needed curb ramps or ramps needed repair

**What you and your child can do immediately**
- Pick another route for now
- Share problems and checklist with local traffic engineering or public works department
- Trim your trees or bushes that block the street and ask your neighbors to do the same
- Leave nice notes on problem cars asking owners not to park there

**What you and your community can do with more time**
- Push for crosswalks/signals/parking changes/curb ramps at city meetings
- Report to traffic engineer where parked cars are safety hazards
- Request that the public works department trim trees or plants
- Make media aware of problem

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#### 3. Did drivers behave well?

- Backed without looking
- Did not yield
- Turned into walkers
- Drove too fast
- Speed up to make traffic lights or drove through red lights

**What you and your child can do immediately**
- Pick another route for now
- Set an example: slow down and be considerate of others
- Encourage your neighbors to do the same
- Report unsafe driving to the police

**What you and your community can do with more time**
- Petition for more enforcement
- Request protected turns
- Ask city planners and traffic engineers for traffic calming ideas
- Ask schools about getting crossing guards at key locations
- Organize a neighborhood speed watch program

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#### 4. Could you follow safety rules?

- Cross at crosswalks or where you could see and be seen
- Stop and look left, right, left before crossing
- Walk on sidewalks or shoulders facing traffic
- Cross with the light

**What you and your child can do immediately**
- Educate yourself and your child about safe walking
- Organize parents in your neighborhood to walk children to school

**What you and your community can do with more time**
- Encourage schools to teach walking safely
- Help schools start safe walking programs
- Encourage corporate support for flex schedules so parents can walk children to school

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#### 5. Was your walk pleasant?

- Needs grass, flowers, trees
- Scary dogs
- Scary people
- Not well lit
- Dirty, litter

**What you and your child can do immediately**
- Point out areas to avoid to your child; agree on safe routes
- Ask neighbors to keep dogs leashed or fenced
- Report scary dogs to the animal control department
- Report scary people to the police
- Report lighting needs to the police or appropriate public works department
- Take a walk with a trash bag
- Plant trees, flowers in your yard

**What you and your community can do with more time**
- Request increased police enforcement
- Start a crime watch program in your neighborhood
- Organize a community clean-up day
- Sponsor a neighborhood beautification or tree-planting day
- Begin an adopt-a-street program

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**A Quick Health Check**

- Could not go as far or as fast as we wanted
- We’re tired, short of breath or had sore feet or muscles

**What you and your child can do immediately**
- Start with short walks and work up to 30 minutes of walking most days
- Invite a friend or child along

**What you and your community can do with more time**
- Get media to do a story about the health benefits of walking
- Call parks and recreation department about community walks
- Encourage corporate support for employee walking programs
Great Resources

 Need some guidance? These resources might help...

WALKING INFORMATION
Pedestrian and Bicycle Information Center (PBIC)
UNC Highway Safety Research Center
730 Airport Road, Suite 300
Campus Box 3430
Chapel Hill, NC
27599-3430
Phone: (919) 962-2202
www.pedbikeinfo.org
www.walkinginfo.org

National Center for Bicycling and Walking
Campaign to Make America Walkable
1506 21st Street, NW
Suite 200
Washington, DC 20036
Phone: (800) 760-NBPC
www.bikefed.org

WALK TO SCHOOL DAY WEB SITES
USA event: www.walktoschool-usa.org
International: www.iwalktoschool.org

STREET DESIGN AND TRAFFIC CALMING
Federal Highway Administration
Pedestrian and Bicycle Safety Research Program
HSR-20
6300 Georgetown Pike
McLean, VA 22101
www fhwa dot gov/ environment/bikeped/index.htm

Institute of Transportation Engineers
www.ite.org

Surface Transportation Policy Project
www.transact.org

Transportation for Livable Communities
www.tlcnetwork.org

ACCESSIBLE SIDEWALKS
US Access Board
1331 F Street, NW
Suite 1000
Washington, DC 20004-1111
Phone: (800) 872-2253;
(800) 993-2822 (TTY)
www.access-board.gov

PEDESTRIAN SAFETY
National Highway Traffic Safety Administration
Traffic Safety Programs
400 Seventh Street, SW
Washington, DC 20590
Phone: (202) 662-0600
www.nhtsa.dot.gov/people/injury/pedbimot/ped

National SAFE KIDS Campaign
1301 Pennsylvania Ave. NW
Suite 1000
Washington, DC 20004
Phone: (202) 662-0600
Fax: (202) 393-2072
www.safekids.org

WALKING AND HEALTH
Centers for Disease Control and Prevention
Division of Nutrition and Physical Activity
Phone: (888) 232-4674
www.cdc.gov/nccdphp/dnpa/readyset
www.cdc.gov/nccdphp/dnpa/kidswalk/index.htm

Prevention Magazine
33 East Minor Street
Emmaus, PA 18098
www.itsallaboutprevention.com

Shape Up America!
6707 Democracy Boulevard
Suite 306
Bethesda, MD 20817
www.shapeup.org

WALKING COALITIONS
America Walks
P.O. Box 29103
Portland, Oregon 97210
Phone: (503) 222-1077
www.americawalks.org

Partnership for a Walkable America
National Safety Council
1121 Spring Lake Drive
Itasca, IL 60143-3201
Phone: (603) 285-1121
www.nsc.org/walkable.htm
Bikeability Checklist

How bikeable is your community?

Riding a bike is fun!

Bicycling is a great way to get around and to get your daily dose of physical activity. It’s good for the environment, and it can save you money. No wonder many communities are encouraging people to ride their bikes more often!

Can you get to where you want to go by bike?

Some communities are more bikeable than others: how does yours rate? Read over the questions in this checklist and then take a ride in your community, perhaps to the local shops, to visit a friend, or even to work. See if you can get where you want to go by bicycle, even if you are just riding around the neighborhood to get some exercise.

At the end of your ride, answer each question and, based on your opinion, circle an overall rating for each question. You can also note any problems you encountered by checking the appropriate box(es). Be sure to make a careful note of any specific locations that need improvement.

Add up the numbers to see how you rated your ride. Then, turn to the pages that show you how to begin to improve those areas where you gave your community a low score.

Before you ride, make sure your bike is in good working order, put on a helmet, and be sure you can manage the ride or route you’ve chosen. Enjoy the ride!
Go for a ride and use this checklist to rate your neighborhood’s bikeability.

How bikeable is your community?

Location of bike ride (be specific):

Rating Scale:

1. Did you have a place to bicycle safely?
   a) On the road, sharing the road with motor vehicles?

   ☐ Yes   ☐ Some problems (please note locations):
   ☐ No space for bicyclists to ride
   ☐ Bicycle lane or paved shoulder disappeared
   ☐ Heavy and/or fast-moving traffic
   ☐ Too many trucks or buses
   ☐ No space for bicyclists on bridges or in tunnels
   ☐ Poorly lighted roadways
   Other problems: _______________________

   b) On an off-road path or trail, where motor vehicles were not allowed?

   ☐ Yes   ☐ Some problems:
   ☐ Path ended abruptly
   ☐ Path didn’t go where I wanted to go
   ☐ Path intersected with roads that were difficult to cross
   ☐ Path was crowded
   ☐ Path was unsafe because of sharp turns or dangerous downhills
   ☐ Path was uncomfortable because of too many hills
   ☐ Path was poorly lighted
   Other problems: _______________________

   Overall "Safe Place To Ride" Rating: (circle one)
   1  2  3  4  5  6

2. How was the surface that you rode on?

   ☐ Good   ☐ Some problems, the road or path had:
   ☐ Potholes
   ☐ Cracked or broken pavement
   ☐ Debris (e.g. broken glass, sand, gravel, etc.)
   ☐ Dangerous drain grates, utility covers, or metal plates
   ☐ Uneven surface or gaps
   ☐ Slippery surfaces when wet (e.g. bridge decks, construction plates, road markings)
   ☐ Bumpy or angled railroad tracks
   ☐ Rumble strips
   Other problems: _______________________

   Overall Surface Rating: (circle one)
   1  2  3  4  5  6

3. How were the intersections you rode through?

   ☐ Good   ☐ Some problems:
   ☐ Had to wait too long to cross intersection
   ☐ Couldn’t see crossing traffic
   ☐ Signal didn’t give me enough time to cross the road
   ☐ Signal didn’t change for a bicycle
   ☐ Unsure where or how to ride through intersection
   Other problems: _______________________

   Overall Intersection Rating: (circle one)
   1  2  3  4  5  6

Continue the checklist on the next page...
4. Did drivers behave well?

- Yes
- Some problems, drivers:
  - Drove too fast
  - Passed me too close
  - Did not signal
  - Harassed me
  - Cut me off
  - Ran red lights or stop sign
  - Other problems: _______________________

Overall Driver Rating: (circle one)
1 2 3 4 5 6

5. Was it easy for you to use your bike?

- Yes
- Some problems:
  - No maps, signs, or road markings to help me find my way
  - No safe or secure place to leave my bicycle at my destination
  - No way to take my bicycle with me on the bus or train
  - Scary dogs
  - Hard to find a direct route I liked
  - Route was too hilly
  - Other problems: _______________________

Overall Ease of Use Rating: (circle one)
1 2 3 4 5 6

6. What did you do to make your ride safer?

Your behavior contributes to the bikeability of your community. Check all that apply:

- Wore a bicycle helmet
- Obeyed traffic signal and signs
- Rode in a straight line (didn't weave)
- Signaled my turns
- Rode with (not against) traffic
- Used lights, if riding at night
- Wore reflective and/or retroreflective materials and bright clothing
- Was courteous to other travelers (motorist, skaters, pedestrians, etc.)

7. Tell us a little about yourself.

In good weather months, about how many days a month do you ride your bike?

- Never
- Occasionally (one or two)
- Frequently (5-10)
- Most (more than 15)
- Every day

Which of these phrases best describes you?

- An advanced, confident rider who is comfortable riding in most traffic situations
- An intermediate rider who is not really comfortable riding in most traffic situations
- A beginner rider who prefers to stick to the bike path or trail

How does your community rate?
Add up your ratings and decide.
(Questions 6 and 7 do not contribute to your community’s score)

| 2. _____ | 21-25 | Your community is pretty good, but there's always room for improvement. |
| 3. _____ | 16-20 | Conditions for riding are okay, but not ideal. Plenty of opportunity for improvements. |
| 4. _____ | 11-15 | Conditions are poor and you deserve better than this! Call the mayor and the newspaper right away. |
| 5. _____ | 5-10 | Oh dear. Consider wearing body armor and Christmas tree lights before venturing out again. |

Total _____

Did you find something that needs to be changed?

On the next page, you'll find suggestions for improving the bikeability of your community based on the problems you identified. Take a look at both the short- and long-term solutions and commit to seeing at least one of each through to the end. If you don't, then who will?

During your bike ride, how did you feel physically? Could you go as far or as fast as you wanted to? Were you short of breath, tired, or were your muscles sore? The next page also has some suggestions to improve the enjoyment of your ride.

Bicycling, whether for transportation or recreation, is a great way to get 30 minutes of physical activity into your day. Riding, just like any other activity, should be something you enjoy doing. The more you enjoy it, the more likely you'll stick with it. Choose routes that match your skill level and physical activities. If a route is too long or hilly, find a new one. Start slowly and work up to your potential.
Now that you know the problems, you can find the answers.

Improving your community's score...

1. Did you have a place to bicycle safely?

   a) On the road?

   - No space for bicyclists to ride (e.g. no bike lane or shoulder; narrow lanes)
   - Bicycle lane or paved shoulder disappeared
   - Heavy and/or fast-moving traffic
   - Too many trucks or buses
   - No space for bicyclists on bridges or in tunnels
   - Poorly lighted roadways

   - pick another route for now
   - tell local transportation engineers or public works department about specific problems; provide a copy of your checklist
   - find a class to boost your confidence about riding in traffic

   b) On an off-road path or trail?

   - Path ended abruptly
   - Path didn't go where I wanted to go
   - Path intersected with roads that were difficult to cross
   - Path was crowded
   - Path was unsafe because of sharp turns or dangerous downhill
   - Path was uncomfortable because of too many hills
   - Path was poorly lighted

   - slow down and take care when using the path
   - find an on-street route
   - use the path at less crowded times
   - tell the trail manager or agency about specific problems

2. How was the surface you rode on?

   - Potholes
   - Cracked or broken pavement
   - Debris (e.g. broken glass, sand, gravel, etc.)
   - Dangerous drain grates, utility covers, or metal plates
   - Uneven surface or gaps
   - Slippery surfaces when wet (e.g. bridge decks, construction plates, road markings)
   - Bumpy or angled railroad tracks
   - Rumble strips

   - report problems immediately to public works department or appropriate agency
   - keep your eye on the road/path
   - pick another route until the problem is fixed (and check to see that the problems are fixed)
   - organize a community effort to clean up the path

   - work with your public works and parks department to develop a pothole or hazard report card or online link to warn the agency of potential hazards
   - ask your public works department to gradually replace all dangerous drainage grates with more bicycle-friendly designs, and improve railroad crossings so cyclists can cross them at 90 degrees
   - petition your state DOT to adopt a bicycle-friendly rumble-strip policy

3. How were the intersections you rode through?

   - Had to wait too long to cross intersection
   - Couldn't see crossing traffic
   - Signal didn't give me enough time to cross the road
   - The signal didn't change for a bicycle
   - Unsure where or how to ride through intersection

   - pick another route for now
   - tell local transportation engineers or public works department about specific problems
   - take a class to improve your riding confidence and skills

   - ask the public works department to look at the timing of the specific traffic signals
   - ask the public works department to install loop-detectors that detect bicyclists
   - suggest improvements to sightlines that include cutting back vegetation; building out the path crossing; and moving parked cars that obstruct your view
   - organize community-wide, on-bike training on how to safely ride through intersections
4. Did drivers behave well?

Drivers:
- Drove too fast
- Passed me too close
- Did not signal
- Harassed me
- Cut me off
- Ran red lights or stop signs

What you can do immediately:
- Report unsafe drivers to the police
- Set an example by riding responsibly; obey traffic laws; don’t antagonize drivers
- Always expect the unexpected
- Work with your community to raise awareness to share the road

What you and your community can do with more time:
- Ask the police department to enforce speed limits and safe driving
- Encourage your department of motor vehicles to include “Share the Road” messages in driver tests and correspondence with drivers
- Ask city planners and traffic engineers for traffic calming ideas
- Encourage your community to use cameras to catch speeders and red light runners

5. Was it easy for you to use your bike?

No maps, signs, or road markings to help me find my way
- No safe or secure place to leave my bicycle at my destination
- No way to take my bicycle with me on the bus or train
- Scary dogs
- Hard to find a direct route I liked
- Route was too hilly

What you can do immediately:
- Plan your route ahead of time
- Find somewhere close by to lock your bike; never leave it unlocked
- Report scary dogs to the animal control department
- Learn to use all of your gears!

What you and your community can do with more time:
- Ask your community to publish a local bike map
- Ask your public works department to install bike parking racks at key destinations; work with them to identify locations
- Petition your transit agency to install bike racks on all their buses
- Plan your local route network to minimize the impact of steep hills
- Establish or join a bicycle user group (BUG) at your workplace

6. What did you do to make your ride safer?

Wore a bicycle helmet
- Obey traffic signals and signs
- Rode in a straight line (didn’t weave)
- Signaled my turns
- Rode with (not against) traffic
- Used lights, if riding at night
- Wore reflective materials and bright clothing
- Was courteous to other travelers (motorists, skaters, pedestrians, etc.)

What you can do immediately:
- Go to your local bike shop and buy a helmet; get lights and reflectors if you are expecting to ride at night
- Always follow the rules of the road and set a good example
- Take a class to improve your riding skills and knowledge

What you and your community can do with more time:
- Ask the police to enforce bicycle laws
- Encourage your school or youth agencies to teach bicycle safety (on-bike)
- Start or join a local bicycle club
- Become a bicycle safety instructor
Need some guidance?  
These resources might help...

**Great Resources**

**STREET DESIGN AND BICYCLE FACILITIES**
American Association of State Highway and Transportation Officials  
444 North Capitol Street, NW, Suite 249  
Washington, DC 20001  
Tel: (202) 624-5800  
www.ashhto.org

Institute of Transportation Engineers  
1099 14th Street, NW, Suite 300 West  
Washington, DC 20005-3438  
Tel: (202) 289-0222  
www.ite.org

Association of Pedestrian and Bicycle Professionals (APBP)  
P.O. Box 23576  
Washington, DC 20026  
Tel: (202) 366-4071  
www.apbp.org

Pedestrian and Bicycle Information Center (PBIC)  
UNC Highway Safety Research Center  
730 Airport Road, Suite 300  
Campus Box 3430  
Chapel Hill, NC 27599-3430  
Tel: (919) 962-2202  
www.pedbikeinfo.org  
www.bicyclinginfo.org

Federal Highway Administration  
400 Seventh Street, SW  
Washington, DC 20590  
www.fhwa.dot.gov/environment/bikeped/index.htm

**EDUCATION AND SAFETY**
National Highway Traffic Safety Administration  
400 Seventh Street, SW  
Washington, D.C. 20590  
Tel: (202) 366-1739  
www.nhtsa.dot.gov/people/injury/pedbimot/bike/

League of American Bicyclists  
1612 K Street NW, Suite 401  
Washington, DC 20006  
Tel: (202) 822-1333  
www.bikeleague.org

National Bicycle Safety Network  
www.cdc.gov/ncipc/bike/default.htm

National Safe Kids Campaign  
1301 Pennsylvania Ave NW, Suite 1000  
Washington, DC 20004  
Tel: (202) 662-0600  
www safekids.org

**PATHS AND TRAILS**
Rails to Trails Conservancy  
1100 17th Street SW, 10th Floor  
Washington, DC 20036  
Tel: (202) 331-9696  
www.railtrails.org

National Park Service  
Rivers, Trails and Conservation Assistance Program  
1849 C Street, NW, MS-3622  
Washington, DC 20240  
www.ncrc.nps.gov/rtca/rtca-ofh.htm

**HEALTH**
Centers for Disease Control and Prevention  
Division of Nutrition and Physical Activity  
4770 Buford Highway, NE  
Atlanta, GA 30341-3724  
www.cdc.gov/nccdphp/dnpa  
Tel: (770) 488-5692

National Center for Injury Prevention and Control  
Childhood Injury Prevention  
4770 Buford Highway, NE  
Atlanta, GA 30341  
www.cdc.gov/ncipc

**ADVOCACY AND USER GROUPS**
Thunderhead Alliance  
1612 K Street, NW, Suite 401  
Washington, DC 20006  
Tel: (202) 822-1333  
www.thunderheadalliance.org

League of American Bicyclists  
1612 K Street, NW, Suite 401  
Washington, DC 20006  
Tel: (202) 822-1333  
www.bikeleague.org

National Center for Bicycling and Walking  
1506 21st Street, NW, Suite 200  
Washington, DC 20036  
Tel: (202) 463-6622  
www.bikewalk.org

Surface Transportation Policy Project  
1100 17th Street, NW, 10th Floor  
Washington, DC 20036  
Tel: (202) 466-2636  
www.transact.org

**OTHER USEFUL RESOURCES**
Bikes and transit: www.bikemap.com

Bicycle information: www.bicyclinginfo.org

Bicycle-related research: www.fhwa.dot.gov/environment/bikeped/bike.htm

Bicycling Magazine: www.bicycling.com/

Bicycle touring:  
Adventure Cycling Association  
P.O. Box 8308  
Missoula, MT 59807  
(800) 755-2453  
(406) 721-8754  
www.advcycling.org
**WALK TO SCHOOL SURVEY**

*Parent Survey* (to be completed by parent or guardian.)

1. **How many children do you have attending this school?** ______

2. **What are their ages?** ______, ______, ______, ______.

3. **In an average school week, how many days does your child/children use the following modes of transportation to get to and from school?** (Write the number of times your child/children travel to and from school; if different for each child, indicate the number of times and age of the child that travels each way (3x/8yo, 2x/10yo).

<table>
<thead>
<tr>
<th>TIMES PER WEEK</th>
<th>TIMES PER WEEK</th>
</tr>
</thead>
<tbody>
<tr>
<td>Walk to school</td>
<td>Walk home from school</td>
</tr>
<tr>
<td>Bicycle to school</td>
<td>Bicycle home from school</td>
</tr>
<tr>
<td>Ride the school bus to school</td>
<td>Ride the school bus home from school</td>
</tr>
<tr>
<td>Ride in a car to school</td>
<td>Ride in a car home from school</td>
</tr>
<tr>
<td>Ride in a carpool to school</td>
<td>Ride in a carpool home from school</td>
</tr>
<tr>
<td>Other (explain)</td>
<td>Other (explain)</td>
</tr>
</tbody>
</table>

4. **What concerns do you have about your child/children walking to and from school?**

(Please place the appropriate number in each box according to the following scale)

1 = Concerns me greatly
2 = Concerns me somewhat
3 = Concerns me a little
4 = Not a concern

- Crime (stranger danger, gangs, bullying)
- Too much traffic in neighborhood
- Too much traffic at school
- Traffic speed
- No or inadequate sidewalks/bikeways on the route to school
- Distance from school
- Not enough time
- Child’s/children’s after school schedule
- Convenience (it is easier to drop off child/children on the way to work)
- Child/children would be walking/bicycling alone to school
- Child/children do not want to walk or bicycle to school

Other (please explain) __________________________________________

5. **If your child/children do not already walk or bicycle to school, what would make you more likely to allow them to?** (Check all that apply)

- Crime watch
- Less traffic
- Sidewalks/bikeways/crosswalks
- Another child to walk/ride with your child/children
- An adult to walk/ride with your child/children
- None

Other (explain) __________________________________________
6. If your child/children do already walk or bicycle to school, what changes would make you more comfortable as your child/children walk or bicycle? (Check all that apply)

- Crime watch
- Less traffic
- Sidewalks/bikeways/crosswalks
- Another child to walk/ride with your child/children
- An adult to walk/ride with your child/children
- None

Other (explain) ____________________________________________________________

7. Do you have any comments or suggestions about how this neighborhood should implement a Walk to School program?

8. Would you allow your child/children to participate in a Walk to School program in our neighborhood? (Circle only one)

YES  NO  Unsure

9. Would you be interested in volunteering to help plan the Walk to School program? (Circle only one)

YES  NO  Undecided

If yes, what days/times of the week would be convenient for you to meet to plan the Walk to School program?

10. Would you be interested in walking with a group of children one or more times per week?

YES  NO  Undecided

11. Would you be interested in having your home identified as a checkpoint for emergencies that children might experience while walking to and from school?

YES  NO  Undecided

Optional (please print)
Name: ________________________________ Phone: ________________________

Address: _______________________________________________________________

City, Zip Code: ___________________________________________________________

Thank You for Completing this Survey!
Walk to School Evaluation

Directions: Complete the following form as it relates to the Walk to School program in your neighborhood.

Are you a Walk to School volunteer? YES NO

If yes, explain:

Information (Check all that apply)

1. How did you find out about the Walk to School program?
   _____ Flyer/poster
   _____ Letter
   _____ Telephone call
   _____ E-mail
   _____ Word of mouth
   _____ Neighborhood meeting
   _____ Other
   Comments or suggestions:

2. How would you describe the information you received about the Walk to School program?
   _____ Useful
   _____ Not useful
   _____ Right amount
   _____ Too much
   _____ Not enough
   Comments or suggestions:

3. How would you describe the neighborhood Walk to School meetings?
   _____ Organized
   _____ Disorganized
   _____ Useful
   _____ Not useful
   Comments or suggestions:
**Program** (Write the number that best corresponds to your response)

<table>
<thead>
<tr>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly agree</th>
<th>Do not know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

_____ Adequate precautions were taken to ensure the children’s safety as they walked.
_____ I believe that my child/children are safe on the way to and from school.
_____ I believe that my child/children have become more skilled pedestrians.
_____ I am pleased with the volunteers who walk my child/children to and from school.
_____ I think my child/children are getting more physical activity as a result of the *Walk to School* program.
_____ My child/children enjoy walking to and from school with the group.
_____ I believe that the program has helped my family get to know our neighbors better.

**Questions and Comments**

4. Would you like the *Walk to School* program to continue next term? (circle one)
   
   YES   NO (please explain)

5. What did you like about the *Walk to School* program this term?

6. What should be changed about the *Walk to School* program for the next term?

7. How would you rate the *Walk to School* program?
   
   Excellent   Good   No opinion   Poor

8. Additional comments and suggestions:

Name and telephone number (optional): __________________________

**Please return this form to:**

Name: __________________________

Street, City, State, Zip: __________________________
COLORADO WALK TO SCHOOL DAY

OCTOBER 8, 2003
COLORADO WALK TO SCHOOL WEEK
OCTOBER 6-10, 2003
COLORADO

WALK TO

SCHOOL

WALKING WEDNESDAYS